Sister Mary's KITCHEN

In the kitchen of her own home Sister Mary cooks daily for a number of her sisterhood and for her children. An ordinary kitchen science in a state university. Consequently the dishes she offers are heavy construction of supply and practice. Every day she gives her own, first trial out served at her family table.

Aside from the ordinary watering to moisten the roots of a fern, a shower-bath every few days is necessary to keep the fronds health. A medium-sized plant may be easily showered in the bath-tub or the kitchen sink by gathering the stems close to the roots in one hand and holding the pot upside down in the other and keeping it under running water for three or four minutes. Let it stand in the tub or sink for a short time to store dripping and when the fern is returned to its own special window it seems to have taken a new lease on life.

It is as inevitable that plants gather dust on their leaves as it is that any of the other things in a room do.

**Confection of a Bride**

To the only one who married a Catholic girl and was a Notre Dame graduate, alone was there the privilege of receiving the blessing of the Pope, of being a very saintly girl-

In the religious life, the gift of the Pope is the most solemn and pleasant of all. He is the one who makes it to each girl a special occasion, the one who makes it to each girl a special occasion, and always the Pope is the one who makes it to each girl a special occasion.

**The Unusual Freedom**

from headaches, nervousness, indigestion and sleeplessness which former tea and coffee drinkers experience after a change from tea and coffee to

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Ben Hu, 1-lb. can 60¢
Hills Red Can, 1-lb. can 60¢
Maxwell House, 1-lb. can 60¢
Hills Blue Can, 1-lb. can 50¢
Arbuckle's Coffee, per lb. 45¢

Tea Special

Extra Good Japan Tea, bulk per lb. 50¢
Extra Good Gunpowder Tea, per lb. 50¢
Tall Can, Pink Salmon, per can 25¢

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